

Household Chemicals in Cigarette Smoke

There are **7,000** known chemicals in cigarette smoke. At least **69** are known to cause cancer in humans. Here are some examples you can find in your own home:



Ammonia

Found in household cleaners



Butane

Cigarette lighter fluid



Acetone

Found in nail polish remover



Carbon Monoxide

Found in car exhaust fumes



Benzene

Found in gasoline



Arsenic

Found in rat poison



Toluene

Found in paint thinner



Lead

Once found in paint



Cadmium

Used in making batteries

Other

- Hydrogen Cyanide – Gas chamber poison
- Beryllium – Found in nuclear weapons and rocket fuel
- Formaldehyde – Used to preserve dead bodies



Every time you smoke a cigarette or your loved one breathes secondhand smoke, these harmful chemicals enter your bodies.